

Conversation #2

Your Faith Journey & Your Confirmation Name

You'll often hear Christians refer to their "faith journey." This is because faith isn't a one-time decision – we spend our entire lives realizing how important our relationship with God is and grappling with things that impede our relationship with him. In this conversation, we're asking your sponsor to share a little bit about their faith journey. Then, we'd like you to share a little bit about where your faith journey is going.

With your sponsor, talk through the prompts below. If your sponsor lives in-state, you should meet with them in person: sit down for coffee or a meal, take a walk together, or find a quiet place to talk like a church or library. This conversation should take at least 30 minutes. When you're done, both of you sign the bottom of this page and return it to your teacher (must be turned in as a hard copy).

If your sponsor lives out of state, you may meet by video call (not phone or text), and the sponsor may send an email to CONFIRMATION@OLDSTMARYS.COM instead of signing the hard copy form.

Start With Prayer

For this conversation, choose a type of prayer that's new to both of you.

Together, choose a new type of prayer to use for the beginning of your conversation today. Scan the QR code for some options.



Sharing Your Faith Journey: Sponsor

Candidate, ask your sponsor:

1. How did you come to believe your faith — or come back to believing it? What experiences, people, or circumstances mattered most?
2. Has there ever been a time you doubted or drifted from your faith? What brought you through it?
3. Who is someone (either someone you know in person or a saint you know through prayer) who has shaped how you try to live as a Catholic? How have they impacted you?

Sharing Your Faith Journey: Candidate

Sponsor, ask your candidate:

1. What confirmation name (saint) are you choosing, and what drew you to that person?
2. What is one quality of that saint you'd like to grow into over the next few years? If the candidate has trouble answering this, take a few minutes to research the saint's story together.
3. Where do you feel most confident in your faith right now? Where do you feel least confident?

Close In Prayer

Take a moment to share one thing each of you wants to carry from this conversation to the day of Confirmation. Consider closing with a short prayer to the candidate's chosen saint, asking for their intercession.

(signature lines on back of page)

Sign And Return

Student's Name: _____

Student's Signature: _____

Sponsor's Signature: _____

Date: _____